

DOUBLE BOWEL PREP INSTRUCTIONS

Based upon the doctor's review of your chart, you will need extra prep for your bowel prep to be as accurate and efficient as possible. Please **ADD** the instructions below to the bowel prep instructions you were given.

DOUBLE PREP:

- **Beginning at 4:00 pm 2 days before your procedure.**
 1. Fill container of GOLYTELY with lukewarm water to the fill line and mix well.
 2. Store mixture in the refrigerator until 6:00 pm.
 3. If a tablet came with your kit, take it now.
- **Beginning at 6:00 pm that same day (2 days before your procedure).**
 1. Drink 8oz of the GOLYTELY solution every 15 minutes until the gallon is finished.
 2. **It is important that you get all the fluid down without vomiting.** If you feel nauseated, wait 30 minutes and resume drinking, slow down the drinking rate. Do this one time only.
- **Beginning the day before your procedure.**
 1. **Follow the instructions for the bowel prep medication you were prescribed**