

First Floor

503-216-1234

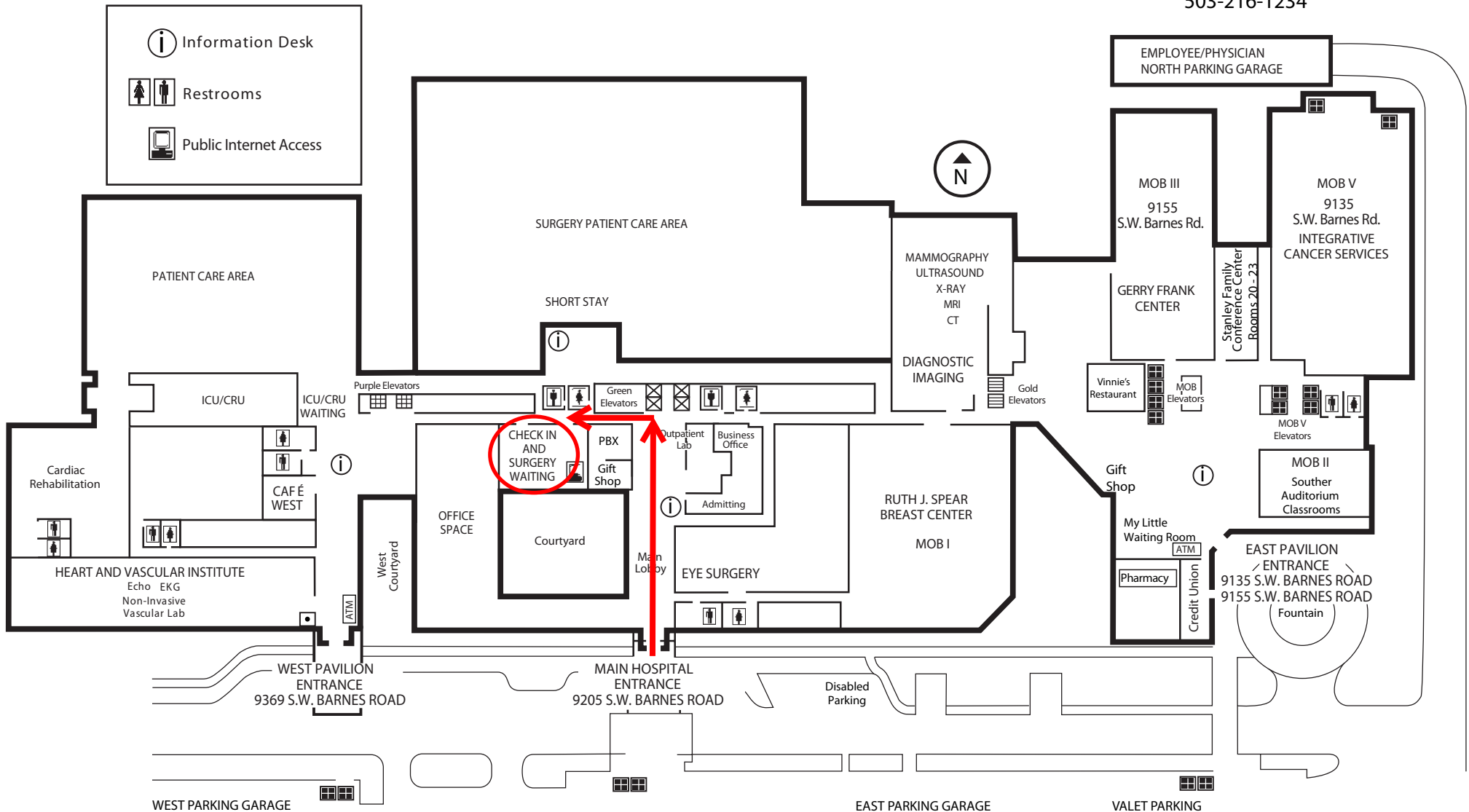
Blue Elevators
Lower Level(LL)
Emergency (LL)

Purple Elevators
Coronary Care Unit (CCU)
(2nd floor)
IRU (2nd floor)
Maternity (3rd floor)
Emergency (LL)
Human Resources (LL)

Green Elevators
Cafeteria (2nd floor)
Chapel (2nd floor)
Medical Foundation (2nd floor)
Conference Room 1-6 (2nd floor)
Conference Room 8-12 (LL)
Board Room (2nd floor)
Administration (2nd floor)
Patient Rooms (4th - 9th floor)

Gold Elevators
Nuclear Medicine (LL)
Radiation Oncology (LL)
Faculty Practice (2nd floor)
Medical Procedure (LL)

MOB Elevators
Physical Therapy/Rehab (3rd floor)
Brain Institute (3rd floor)



CHECK IN AT SURGERY WAITING



A Patient's Guide

Preparing for Your Surgery

Welcome to Providence St. Vincent Medical Center. Our staff is committed to your comfort and safety. As a patient, you are a vital part of the health care team, so it is important for you to know what the surgical and hospital experience will be like.

Check in at: _____ a.m. / p.m. **All surgery times are estimates.**

Please call: 503-216-1993 to schedule your appointment with the preop nurse. Our staff will help you to decide if you need to come into the Pre-Surgical Care Clinic, or if your interview can be done over the phone.

Please visit our website at www.providence.org/surgery to watch the *Preparing for Surgery* video.

Service Goals: Know me, Care for me, Ease my way

Your safety is our top priority. You will be given information regarding our Speak Up campaign and information regarding the steps we take to prevent surgical site infection.

We want to make sure we protect your privacy and confidentiality.

All surgery start times are estimates.

Anesthesia Care

What is anesthesia?

Anesthesiology is the practice of medicine in which special drugs are used to cause your entire body – or part of your body – to be insensitive to pain. Anesthesia will enable you to tolerate a surgical or invasive medical procedure comfortably. Today's anesthesia practices allow a greater degree of safety and comfort than ever before, enabling a smooth start to your healing and recuperation.

Who provides anesthesia?

Anesthesia care at Providence is provided by specialty-trained and board-certified physician anesthesiologists. They are trained to provide all types of anesthesia and in the delivery of intensive care medicine. They are highly trained to anticipate and treat side effects of anesthesia and co-existing medical conditions.

Consulting with your anesthesiologist

On the day of your surgery, you will meet your anesthesiologist, who will review your medical record, clarify any questions about your medical history and perform a physical evaluation. You will then have an opportunity to express your preferences, discuss the plan for your care, and have questions answered about the advantages, disadvantages, and possible risks of your anesthetic. Please inform us if you have cultural, religious or personal reservations against receiving a blood transfusion. In the recovery room, you will be cared for by specially trained nurses. If you experience pain or nausea, tell your nurse immediately.

For additional information about anesthesia – www.oagpc.com

Important Instructions

One week before surgery do:

- Review surgeon's instructions
- Review dietary restrictions.
- Alert your surgeon if you have a cold, flu, fever or any other type of acute illness.
- Stop OTC/herbal medications and supplements

The day of surgery do:

- Follow the eating, drinking and medication instructions you have been given. **Failure to follow these instructions will result in the delay or cancellation of your surgery.**
- Take your medications with a sip of water as directed by your physician.
- Leave all valuables at home, including jewelry and credit cards.
- Bring reading material in case your surgery is delayed due to an emergency or a previous case running longer than expected.
- Bring eye glasses and case.
- Wear loose, comfortable, freshly laundered clothing.
- If you have a Pacemaker or defibrillator, bring your information card with you as well as the name and telephone number of your heart doctor.
- If you use inhalers, eyedrops, CPAP or BiPAP machine, bring them with you.
- Bring your insurance or prescription card with you.
- Arrive at the hospital at the time given by your surgeon's office. Allow time for parking.

- Check in at the Surgery Waiting/Surgery Check-in desk off the first-floor main lobby (see map on back page).

- If spending the night in the hospital, bring personal toiletries.

DO NOT:

- Wear contact lenses to the hospital.
- Wear makeup, hair spray or hair gel.
- Wear perfume, cologne or after shave.
- Wear jewelry or body piercings.

Pre-operative Diet Instructions

Nothing to eat or drink 8 hours prior to arrival time unless instructed otherwise by your surgeon or anesthesiologist. Take meds as directed with small sips of water.

Planning for Your Return Home

Please plan for your discharge needs with your family and/or friends prior to surgery. If you are scheduled to go home the day of surgery, you **MUST** have an adult to accompany you. You **MAY NOT** drive the day of surgery. To travel by bus or taxi, you **MUST** have an adult accompany you.

You will be contacted by Patient Registration and asked to verify your insurance and provide some general information.

If you need to make special financial arrangements for your surgery or if you have questions about your financial responsibility, please contact the Providence Business Office at 503-215-4300.