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## **DOUBLE BOWEL PREP INSTRUCTIONS**

Based upon the doctor's review of your chart, you will need extra prep for your bowel prep to be as accurate and efficient as possible. Please ADD the instructions below to the bowel prep instructions you were given.

## **DOUBLE PREP:**

- Beginning at 4:00 pm 2 days before your procedure.
  - 1. Fill container of GOLYTELY with lukewarm water to the fill line and mix well.
  - 2. Store mixture in the refrigerator until 6:00 pm.
  - 3. If a tablet came with your kit, take it now.
- Beginning at 6:00 pm that same day (2 days before your procedure).
  - 1. Drink 8oz of the GOLYTELY solution every 15 minutes until the gallon is finished.
  - 2. **It is important that you get all the fluid down without vomiting.** If you feel nauseated, wait 30 minutes and resume drinking, slow down the drinking rate. Do this one time only.
- Beginning the day before your procedure.
  - 1. Follow the instructions for the bowel prep medication you were prescribed