

NW Center for Colorectal Health, LLC - St. Vincent
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ENDORECTAL ULTRASOUND INSTRUCTIONS

Arrive at **Providence St. Vincent Medical Procedures Unit** at _____ on _____.

Your procedure will be performed by:

- Megan M. Cavanaugh, MD FACS FASCRS

The time that you will spend at the hospital including check-in, procedure, and discharge, takes approximately 2 ½ to 3 hours.

Endorectal Ultrasound and Proctosigmoidoscopy for Rectal Tumor Staging

Nothing by mouth after midnight before the procedure except for medications with sips of water.

Administer two Fleet enemas rectally, two hours before leaving for the hospital, spaced 30 minutes apart.

You will receive sedation for this procedure and **you must have a ride home. Patients are not allowed to drive or take the bus.**