

ANORECTAL TESTING PREP INSTRUCTIONS

Arrive at _____ at _____ on _____.

Your procedure will be performed by: **Megan M. Cavanaugh, MD FACS FASCRS**

The time that you will spend at the hospital including check-in, procedure, and discharge, takes approximately 2 ½ to 3 hours.

Anal Physiology Studies or Anorectal Testing (ART)

(Anorectal Manometry, Non-needle EMG, Pudendal Nerve Terminal Latency, and Endorectal Ultrasound)

Administer two Fleets enemas rectally, two hours before leaving for the hospital spaced 30 minutes apart.

Please call 503-216-5380 with any questions.